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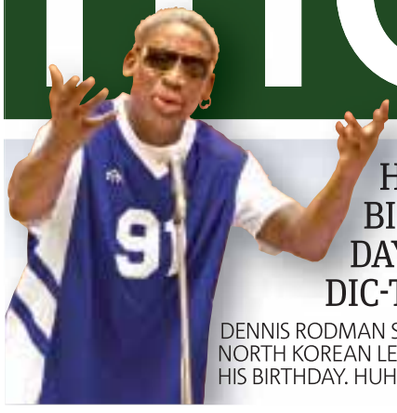

HAP-PY BIRTH-DAY, MR. DIC-TAT-OR

DENNIS RODMAN SERENADES NORTH KOREAN LEADER FOR HIS BIRTHDAY. HUH ... PAGE 7

Fatal bird flu case in Alta. the first in North America

Health officials say incident was isolated, low risk PAGE 6

Canadians un-liking Facebook?

Research finds one in three Canadian Internet users did not use the social network in the previous month PAGE 9

Hat-trick: Three out, one in

London Knights' top brass nab Gemel Smith from Owen Sound as trade deadline looms PAGE 17

NEWS WORTH SHARING.

Illegal searches impede weed grow-op case

Court. London cops deliberately disregarded charter rights: Judge

SCOTT TAYLOR
scott.taylor@metronews.ca

There's been a setback for the prosecution in a marijuana grow-operation case tied to a London real-estate agent.

A federal judge has disallowed much of the evidence gathered by London police in the investigation that led to the arrest of Thu Tran and six others in June 2012.

Tran is accused of knowingly selling homes that would be turned into grow-ops.

Superior Court Justice A.J. Goodman has ruled two sections of the Canadian Charter of Rights and Freedoms were breached during "illegal" searches of homes on London's Oakville Avenue and Highview Crescent in 2010.

Lawyers for defendants Tam Van Bui, Toan Nguyen and Thoa Thi Pham argued that Ontario Court Justice Gregory Pockele erred in allowing evidence from search warrants executed at the addresses.

Goodman agreed, citing charter breaches.

He said when London police officers were turned down in their initial request for a search warrant, they simply rewrote the application and took it to another judge the same day.

The error was so egregious, Goodman added, that allowing the evidence from those searches would "bring the administration of justice into disrepute."

He added it was "unfortunate that the police conduct in this case demonstrated a deliberate disregard of charter rights."

The Ontario Court of Appeal has already criticized Pockele in the case for stereotyping an ethnic group involved with marijuana production.

The suppression of the evidence, according to Goodman's ruling, may scuttle the Crown's case against Nguyen, though Bui and Pham may still face prosecution based on evidence obtained from a third residence searched on Sunnyside Drive.

None of the allegations have been proven in court.

Sutton Realty broker of record Gerry Weir went to police in 2010 after noticing that three of four homes added to the London police grow-op registry had been sold by Tran.

Seven arrested

Operation OSALE history

After an 18-month investigation using innovative police techniques, the RCMP's Integrated Proceeds of Crime Unit, in partnership with the London Police Service, Ontario Provincial Police, Toronto Police Service, Halton Regional Police Service, Health Canada, the Real Estate Council of Ontario and Sutton Group Preferred Realty arrested and charged seven individuals in 2012.

Operation OSALE resulted in the dismantling of two illegal indoor marijuana grow operations and the seizure of thousands of marijuana plants and growing equipment.

Two commercial businesses catering to grow-ops were also raided and hundreds of thousands of dollars worth of equipment seized.

SCOTT TAYLOR/METRO

OUT OF FASHION

Longtime downtown London business owner Sue Glass has closed both her remaining businesses — Frilly Lizard, pictured here on Talbot Street, and Lolita on Richmond Row. Story on page 3. ANGELA MULLINS/METRO

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Owner teed off

Robbery suspect driven from London store after golf-club barrage: Police

A knife-wielding man who found himself on the wrong end of a golf club is on the run, police said.

The suspect entered the Lorne Ave Mini Mart on Jan. 3 at about 8 p.m. and allegedly attempted to rob the store at knifepoint.

The furious store owner fought the man off with a golf club, striking him with it several times, police said. The suspect turned tail and fled on foot. He's described as a white man in his 20s, standing about six-feet tall with a medium build.

He was wearing a black toque, scarf and gloves, a grey hoodie under a dark grey wool jacket, beige Docker-style pants and brown shoes.

Police are asking the public for assistance in identifying the suspect. It's believed he sustained injuries to one or both of his forearms after being hit with the golf club. Anyone with information is asked to call London police at 519-661-5670 or Crime Stoppers at 800-222-8477. SCOTT TAYLOR/METRO

This still image taken from a security camera shows a man police say attempted to rob the Lorne Ave Mini Mart.
COURTESY LONDON POLICE

Sue Glass is pictured inside one of her former stores, Frilly Lizard (362 Talbot St.), as part of a Discover Different campaign by the Downtown London business association. COURTESY DISCOVERDIFFERENT.CA

Doors closed at downtown shops

Frilly Lizard is gone. Long-time business owner pulls up stakes

DAVID INGRAM
london@metronews.ca

The doors of two well-known downtown London fashion boutiques have been shuttered.

Talbot Street's Frilly Lizard has closed after opening its doors in 1994. Sister store, Lolita, which opened up about 10 years ago at 533 Richmond St., has also closed.

Sue Glass, who owned both stores, posted a message on Frilly Lizard's website thanking all of her "wonderful customers and staff who have been with me on this fashion journey for the last 20 years."

The message says the shop officially closed on Dec. 28.

Glass also used to own Commander Salamander, which opened next to Frilly Lizard in 1997. She closed that store in January 2012.

Jannette MacDonald, executive director of the Downtown London business association, said news about the Talbot Street closure came as a shock. MacDonald said no one's been able to reach Glass.

"Normally we are in the know, but we can't get in contact with her," she said.

When reached by Metro via email, Glass declined to comment.

Her absence won't go unnoticed in the core, MacDonald said.

"(Frilly Lizard) was a very unique retail store, with a very unique owner, so it really added to the vitality of downtown, so she will be sadly missed," she said.

Losing Lolita

Brad Scrinko, Gift of Art owner and a board member with the Richmond Row Merchant Association, said shoppers are upset about losing Lolita.

- "I've had many people in my store talking about Lolita and how sad and how unfortunate it is," he said. "What a great store it was."
- For Scrinko, the closure of both stores is part of a growing problem. If other retail stores in the area are to survive, backing from the community will be crucial, he said.
- "Really, what it comes down to, is if you love a store, support it, or it will disappear," he said.

Winter warm-up is on the way

Splash pads won't open for a few months, but milder temperatures are just around the corner after a few frigid days that tested the mettle of anyone who had to spend much time outside.

Environment Canada has cancelled all wind-chill warnings for the city and forecasts temperatures above the freezing mark as of Friday.

In fact, in what's turning out to be a Jekyll-and-Hyde January, it looks like Londoners will see a balmy high of 7 C on Saturday.

With the wind chill factored in Tuesday morning, that's a 47 C difference in four days.

Oddly enough, The Salvation Army's Perron Goodyear said there hasn't been a big bump in the number of people looking for shelter to escape the cold.

"There have been some new faces, but there are always new faces coming to us," he said. "But there's been no huge influx."

The non-profit's mobile community response unit has been distributing blankets and other gear to help the homeless try to keep warm. But again, there wasn't anything exceptional about the number of people they helped, Goodyear said.

Still, the agency could use immediate donations of hats, mitts and scarves, Goodyear added.

Check centreofhope.ca or call 519-661-0343 to find out how you can help.
SCOTT TAYLOR/METRO

Fur and layers were on the scene earlier this week in London. Things will be much different in a matter of days, Environment Canada says.
METRO FILE

‘Long-shot’ political candidates ignored by media, some argue

Municipal politics. Lack of name recognition a killer at the ballot box, say past, present players

SCOTT TAYLOR
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In the 2010 London municipal election, now-mayor Joe Fontana, a former federal cabinet minister, earned 47.2 per cent of all votes cast.

Incumbent Anne-Marie DeCicco-Best, the longest-serving mayor in the city’s history, received 44.8 per cent.

The 13 other candidates split the remaining 18 per cent of the votes.

They were the long shots, the ones that, seemingly, never had a chance.

Eric Southern, a senior software developer at the London Health Sciences Centre and the holder of a master’s degree, was one of them.

He earned 410 more votes than a man widely known as a white supremacist.

“I was mostly ignored (by the media),” Southern said. “It was fairly frustrating.”

Don’t get him wrong, he’s not bitter he couldn’t gain traction with the media. Rather, he hopes lessons he learned in 2010 will translate into success for his planned run for city council in Ward 5.

“London is a little more staid. We’re not willing to put a whole lot of risk into the political process, so with that attitude you’re going to need to build a political identity first,” he said.

That’s one reason he joined the London Transit Commission in 2010 and is now involved with the Western Fair District.

“My professional resumé had no sway in the city,” he said.

John Scott-Pearse is the owner of the Robinson Hall bar, who made news in August 2012 when he banned students from another bar he owned at the time.

He intends to run for mayor but knows what he’s up against.

“It’s difficult for people to get the message out,” he said. “So the public is just stuck with name recognition, and there’ve been so many cranks that have run for city hall that they’re slightly suspicious of names they haven’t heard before.”

He believes the media holds the key to a candidate’s success or failure.

“A handful of guys in this city really can control a lot of what people think.”

Painted with the same brush

“How can voters separate qualified candidates from the flakes if the media ignores them all?”

Potential mayoral candidate John Scott-Pearse

John Scott-Pearse, owner of Robinson Hall, plans to run for mayor and knows he’ll be up for a tough battle against those with names already tied to politics. SCOTT TAYLOR/METRO

Council run — who’s in, who’s out?

Joe Swan is one of the city councillors who says he’ll seek re-election but has not filed papers with the city. METRO FILE

The election is still 10 months away, but already nine of London’s 15 council members say they want to be re-elected.

Metro asked the councillors who had not yet stated their intentions publicly about whether they’ll be in the running come election day.

As of Wednesday, nine are planning to run again, three are saying they will not and three are saying “maybe.”

Newly confirmed as running are Couns. Paul Hubert, Harold Usher, Bud Polhill and Joe Swan.

Swan, who was rumoured to be considering a run for mayor, confirmed he will only seek a council seat.

Already known to be standing for council again are Couns. Denise Brown, Stephen Orser, Bill Armstrong and Sandy White. Mayor Joe Fontana intends to try for a second term.

Definitely not running are Couns. Joni Baechler, Judy Bryant and Nancy Branscombe.

That leaves Couns. Dale Henderson, Paul Van Meerbergen and Matt Brown undecided.

“This is a big decision for my family and me and one that we’re taking seriously in consultation with friends and supporters,” Brown said in an email. “I can tell you that my wife Andrea and I plan to make a final decision in the near future.”

Brown is widely seen as Fontana’s main challenger.

Henderson said he will decide after the 2014 city budget is passed, set for Feb. 27.

Van Meerbergen said he’s “thinking about” running.

MIKE DONACHIE/METRO

Newest candidate

An experienced political campaigner registered Wednesday to run against Coun. Harold Usher in Ward 12.

- **Western University microbiologist Peter Ferguson** is a former federal NDP candidate in London West. In the last general election, he came third there behind sitting Conservative MP Ed Holder and Liberal Doug Ferguson.

London North Centre. Prof seeks Liberal nomination

A political-science professor at King’s University College has announced he wants to be the Liberal candidate for London North Centre in the 2015 federal election.

Peter Fragiskatos is the first to announce he’s seeking the nomination, as the party tries to win back the seat from the Conservatives.

Fragiskatos works with groups including the London Food Bank and Literacy London and is a media commentator who’s been published internationally.

The London-born 32-year-old said “fresh ideas” are needed. Frigiskatos said too many students leave the city when their education is done and called for more to be done to promote the arts.

“We’ve really got to make this place a magnet for young people by encouraging the creative industry,” he said.

Unemployment, transit, development and the needs of seniors also need attention, he added.

“I think I have something to offer,” he said. “I want to build bridges between people and address the problems that this city has.”

MIKE DONACHIE/METRO

Early declaration

The announcement comes very early in the process of selecting the Grits’ federal candidate.

- Josh Chadwick, president of the party’s London North Centre riding association, said the formal process won’t begin until March and the party is not yet accepting candidates.
- The riding was a Liberal stronghold for years. Joe Fontana, now London’s mayor, held it from 1997 to 2006. Then Glen Pearson was the Liberal MP for four years.
- The Progressive Conservatives’ Susan Truppe won the seat in 2011.

From left, King's students Julianna Siske, Frank Inglis, Sophie-Anne Velati, Sylvia Nagy and Megan Van Dinther enjoy the celebration in the new Student Life Centre on Wednesday. MIKE DONACHIE/METRO

King's launches student centre

Collaboration. Darryl J. King Student Life Centre includes café, theatre and workspace

MIKE DONACHIE
mike.donachie@metronews.ca

There's a new hub at King's University College.

Dozens came together Wednesday to celebrate the completion of the Darryl J. King Student Life Centre.

It had taken six years of planning, fundraising and building, but the new centre was filled with people, light and entertainment as it was officially opened.

Years in the making

"I think it will build more of a sense of community at King's."

Student Megan Van Dinther at the opening of the Darryl J. King Student Life Centre

The idea was to create a central space for students and staff to meet and collaborate outside the classroom.

The centre, which includes versatile space, a café, a theatre and a place for student services, was launched with musical performances and, yes, an ice sculpture.

"It's beautiful," said King's student Sylvia Nagy as she took a look around with a group of friends.

Fellow student Megan Van Dinther added: "I think it will build more of a sense of community at King's. It will be a place where we can all spend time together and just celebrate what makes a King's student."

The opening of the $14.7-million building, which is next to the Cardinal Carter Library, had to be postponed by a day due to the cold weather, which also cancelled classes.

Survey. Initiative aimed at understanding what skills London employers need

Businesses have been asked to join an effort to find out what London's missing.

The city's skills gap is being assessed by a new initiative, started locally last year and, now in refined form, spreading to other parts of the province.

In the survey, employers are asked what they want from their staff.

"Our role is to work with community partners around workforce development," said Deborah Mountenay, executive director of the Elgin Middlesex Oxford Workforce Planning and Development Board, which is part of the Workplace Planning Ontario network. "We've been looking at what types of information we have available in the local community."

London's skills gap is apparent in sectors like IT, said Mountenay, where there's constant demand for high-quality staff, and for some customer service roles. There's a special need to bring in more staff with versatility and potential to develop, she added.

But the true picture will be known once the survey, which can be accessed via workforcedevelopment.ca and is open to all employers, is completed in February.

MIKE DONACHIE/METRO

Math struggles. Teachers plus training equals better test scores: Ed. minister

The best way to improve the math test scores of Ontario students is to better train teachers in the subject, Education Minister Liz Sandals said Wednesday as she announced a $4-million plan to help educators upgrade their skills.

The money will be used for partial subsidies so teachers can take courses to improve their math skills and become better at their jobs, added Sandals.

Test results from Ontario's Education and Accountability Office show almost one in five Grade 6 students do not meet the provincial math standard, even after meeting the standard in Grade 3.

Only 57 per cent of Grade 6 students and 67 per cent of Grade 3 students met the provincial standard this year.

Sandals said even though not all teachers have a degree in math, they can still learn how to become good math teachers.

The province also has to do more to help parents better understand the math being taught to their kids, she said.

THE CANADIAN PRESS

Movement disorders

Western research could lead to new Parkinson's, Huntington's treatment

Research from Western University has found a possible new target for treating movement disorders such as Huntington's and Parkinson's disease.

Blocking a major neurotransmitter in the brain called metabotropic glutamate receptor 5 (mGluR5) could be key to helping patients, researchers say.

The work was done by Stephen Ferguson, a scientist at Western's Robarts Research Institute, and Fabiola Ribeiro, of the Universidade Federal de Minas Gerais in Brazil.

Researchers tested the theory using mice. One mouse was bred to eliminate glutamate receptors while the other had the equivalent of Huntington's disease.

The mice without effective glutamate receptors "became hyper locomotive" and were able to move better than your average mouse, Ferguson said.

"That was a bit of a surprise that came out in the study, and we can show that genetically and pharmaceutically," he said.

Drugs that block the effect of mGluR5 are in stage-three clinical trials, "so it is quite possible these drugs will be available for patients in the future," he added.

METRO

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Road safety. U.K. survey shows many men have fallen asleep at the wheel

Driving tired carries similar risks to driving drunk, but, according to a new British survey, sleeping at the wheel is common, with men being by far the worst offenders.

In the survey of 1,000 drivers, British road safety charity Brake found that 45 per cent of men admitted "microsleeps" of up to 30 seconds while driving. The figure for women was 22 per cent. A further 14 per cent of male drivers have slept for longer periods behind the wheel, while just two per cent of women had done the same.

An estimated one-in-six fatal road crashes result from tiredness. These typically involve vehicles veering off the road or a driver failing to brake.

"Men are much more likely to take risks at the wheel, such as setting off on journeys without enough sleep, or trying to push through if they feel drowsy," Ellen Booth, senior campaigns officer at Brake, told Metro. "We see this trend across the board when it comes to road safety."

Booth believes "cultural and biological" factors explain why men take more risks. More than 90 per cent of those convicted for dangerous driving in Britain are male, while a recent U.S. study found that men caused 80 per cent of crashes. Researchers are concerned that tiredness is adding to the trend.

Brake is calling for more education to ensure that drivers sleep enough and take regular breaks, as well as an audit of roads to guarantee rest areas. In the U.S., the state of New Jersey has gone further by making it a criminal offence to drive tired.

Another possible solution may come from technology, with devices in development that aim to keep drivers awake. KIERON MONKS/METRO WORLD NEWS IN LONDON, U.K.

According to a new British survey, sleeping at the wheel is common, and men are by far the worst offenders. ISTOCK

PM defends rail-safety record in wake of N.B. derailment

Derailed train cars burn in Plaster Rock, N.B., Wednesday. A CN freight train carrying crude oil and propane derailed Tuesday night in a sparsely populated region of northwestern New Brunswick, leading to the evacuation of 150 people. It's at least the third such serious incident on North American rails since last July's deadly derailment in Lac-Mégantic, Que., that claimed 47 lives. Prime Minister Stephen Harper, speaking to reporters in Inuvik, N.W.T., Wednesday, defended his government's record on rail safety, saying the government has "vastly" increased rail safety and rail inspections. TOM BATEMAN/THE CANADIAN PRESS

Fatal bird flu case located in Alberta

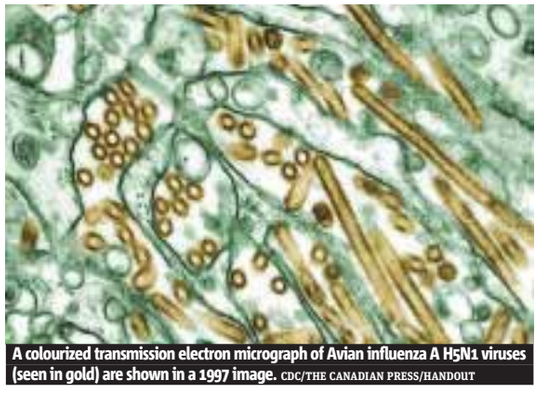
First in North America. Health officials assure public that incident was isolated, unrelated to seasonal flu and risk to public is small

Federal public health officials say a fatal human case of H5N1 bird flu has been reported in Canada, the first such case in North America.

Health Minister Rona Ambrose says the case, which was located in Alberta, was an isolated one and that the risk to the general public is small.

"The risk of getting H5N1 is very low," Ambrose told a hastily assembled news conference in Ottawa via conference call.

"This case is not part of the seasonal flu, which circulates in Canada every year."



A colourized transmission electron micrograph of Avian influenza A H5N1 viruses (seen in gold) are shown in a 1997 image. CDC/THE CANADIAN PRESS/HANDOUT

The H5N1 strain is unrelated to the seasonal flu outbreak, Ambrose added.

Health officials say the victim had travelled to China last month and was hospitalized after returning to Alberta on Jan. 1, then died two days later.

They say that while it remains unclear how the person contracted the virus, there is no evidence of human-to-human transmission.

"The health system did everything it could for this individual, and our thoughts are with the family at this time," Ambrose said.

Dr. James Talbot, Alberta's chief medical officer of health, said that family members of the victim are being monitored and treated with medication, noting that there's nothing to indicate they are sick.

"Public health has followed up with all close contacts of this individual and offered Tamiflu as a precaution," Talbot said.

"None of them have symptoms and the risk of developing symptoms is extremely low. Precautions for health-care staff were also taken as part of this individual's hospital treatment."

The World Health Organization says that as of mid-December, there had been 648 laboratory-confirmed human cases of H5N1 flu since 2003, reported from 15 countries. Of that total, 384 infections have been fatal.

In 2013, there were 38 worldwide cases of H5N1, 24 of which were fatal.

THE CANADIAN PRESS

Florida

Police: DNA shows 2 women involved in slaying of Canadian couple

Police in Florida believe two women were involved in the killings of a Canadian couple one year ago.

David Pichosky, 71, and Rochelle Wise, 66, of Toronto were found dead by asphyxiation on Jan. 10, 2013, in their winter home. The DNA profiles of two females were found at the scene, said police Chief Dwayne Flournoy.

"The science tells us that there are two females that are involved in this homicide, at least two," he said Wednesday. "It's only a matter of time before we get our match, and we will get our match."

THE CANADIAN PRESS

Changes implemented

'Mistake' that let protesters get close to PM has been fixed: RCMP

The RCMP says it has identified and fixed the "mistake" that allowed two climate-change protesters to walk onto a stage within touching distance of Prime Minister Stephen Harper.

However, the force isn't saying just what the mistake was or what specifically was done to prevent it from happening again.

RCMP Cpl. Lucy Shorey says in a statement that the force continues to review the incident, and it has implemented changes to ensure it doesn't happen again. THE CANADIAN PRESS

Solar flare. Sun delays space station supply run

A strong solar storm is interfering with the latest supply run to the International Space Station.

On the bright side, the orbiting lab has won a four-year extension, pushing its projected end-of-lifetime to at least 2024, a full decade from now.

"This is a big plus for us," said NASA's human exploration chief, Bill Gerstenmaier.

On Wednesday, Orbital Sciences Corp. delayed its space station delivery mission for the third time.

The company's unmanned rocket, the Antares, was set to blast off from Wallops Island, Va., with a capsule full of supplies and science experiments, including ants for an educational project. But several hours before Wednesday afternoon's planned flight, company officials took the unusual step of postponing the launch for fear solar radiation could doom the rocket.

In this Tuesday image, a giant cloud of solar particles explodes off the sun, which is obscured to show the atmosphere around it.

ESA/NASA-SOHO/THE ASSOCIATED PRESS

Orbital Sciences' chief technical officer, Antonio Elias, said solar particles might interfere with electronics equipment in the rocket and lead to a launch failure.

THE ASSOCIATED PRESS

Taking the plunge

Giffords skydives to commemorate third anniversary of shooting

Gabrielle Giffords, the former congresswoman severely injured three years ago in a mass shooting, has made an impressive recovery, learned to walk again and founded a national political organization. On Wednesday, while others gathered for bell-ringing and flag-raising ceremonies, she marked the anniversary by skydiving.

THE ASSOCIATED PRESS

Insane Clown Posse

Rap-metal duo sues U.S. Justice Department

The Insane Clown Posse sued the U.S. Justice Department on Wednesday over a 2011 FBI report that describes the rap-metal duo's devoted fans, the Juggalos, as a dangerous gang, saying the designation has tarnished reputations and hurt business.

The American Civil Liberties Union filed the lawsuit in Detroit federal court on behalf of the group. THE ASSOCIATED PRESS

North Korean leader serenaded by Rodman

Basketball diplomacy. Former NBA player hopes to build connections with North Korea through the sport

Dennis Rodman sings Happy Birthday to North Korean leader Kim Jong-un, seated above in the stands, before an exhibition basketball game at an indoor stadium in Pyongyang, North Korea, on Wednesday.

KIM KWANG HYON/THE ASSOCIATED PRESS

Dennis Rodman sang Happy Birthday to North Korean leader Kim Jong-un before leading a squad of former NBA stars in a friendly game Wednesday as part of his "basketball diplomacy" that has been criticized in the United States as naive and laughable.

Rodman dedicated the game to his "best friend" Kim, who along with his wife and other senior officials and their wives, watched from a special seating area. The capacity crowd of about 14,000 at the Pyongyang Indoor Stadium clapped loudly as Rodman sang a verse from the birthday song.

Rodman said he was honoured to be able to play the game in the North Korean capital and called the event "historic." Some members of the U.S. Congress, the NBA and human rights groups, however, say he has become a public relations tool for North Korea's government.

The government's poor human rights record and its threats to use nuclear weapons against rival South Korea and the United States have kept it a pariah state. Kim shocked the world in December by having his uncle, once considered his mentor, executed after being accused of a litany of crimes including corruption, womanizing, drug abuse and attempting to seize power.

Rodman, 52, has refused to address those concerns while continuing to forge a relationship with Kim, whose age has never been officially disclosed. The government did not say how old he turned Wednesday but he is believed to be in his early 30s.

To keep it friendly, the Americans played against the North Koreans in the first half, but split up and merged teams for the second half.

THE ASSOCIATED PRESS

Held prisoner

Rodman refuses to help

The sister of a U.S. man imprisoned in North Korea says his family can't believe what Dennis Rodman said about him while on a basketball trip to celebrate the birthday of leader Kim Jong-un. Terri Chung told KOMO Radio in Seattle on Wednesday the family was appalled that someone in a position to help 45-year-old Kenneth Bae refuses to do so. Chung says Rodman may be hurting efforts to free her brother. Chung says it's clear Rodman "has no idea what he's talking about." In a CNN interview Tuesday, Rodman implied Bae may deserve his punishment.

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U.S. doctors help warring South Sudanese see rivals are not 'devils'

Unique solution. Free eye surgery provided to 200 patients on condition members of rival groups sit together and talk

A woman from the Dinka tribe sings and dances with members of the Nuer tribe after their sight was restored by eye surgeons from the John A. Moran Eye Center of the University of Utah, in the village of Duk Payuel in Jonglei state, South Sudan, in this photo taken in December 2012. MORAN EYE CENTER-PATRICK REDDISH/THE ASSOCIATED PRESS

After receiving eye surgery from the American doctors, a South Sudanese man sat with other patients who belonged to tribes he once considered enemies. The men spoke about their newly restored vision — both their eyesight and how they now perceive members of other ethnic groups as potential friends, not sworn enemies.

South Sudan's government faces monumental challenges: To bring warring factions, often from rival ethnic groups, back toward peace after violence broke out across the country on Dec. 15.

The group of American doctors had a unique approach to help heal age-old rifts between ethnic groups, but it has been put on hold because of the fighting.

A dry run they tried last year in Jonglei state, which has since become the epicentre of the clashes, was promising. They restored more than 200 patients' sight through cataract and trachoma surgery and helped break through tribal enmity.

As a condition for the free surgery, the American doctors demanded that the members of rival groups sit together and talk.

The medical group began its mission through the efforts of John Dau, a former "Lost Boy" of Sudan who fled the 1990s conflict by walking to Ethiopia and eventually finding his way to Syracuse, New York.

THE ASSOCIATED PRESS

Seeing clearly now

"I always thought in many ways that the Dinka were devils and had horns, but they're just like us."

A patient from the Murle tribe who had his sight restored, sitting with men from the Nuer and Dinka groups.

Ethnic fault lines

Violence has riven South Sudan along ethnic lines.

- Ethnic frictions have long existed but were overlooked during the civil war with Sudan that ended with a 2005 peace pact that set the stage for South Sudan becoming a nation in 2011.
- However, once independence was achieved, ethnic fault lines began shining through.
- A power struggle brewing for months between President Salva Kiir, a Dinka, and former vice-president Riek Machar, a Nuer who was fired in July, broke out into massive violence just over three weeks ago.

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Facebook gets thumbs down in Canada

Losing fans.
We are not all liking the social media network these days, survey finds

Facebook may be the world's biggest social network, and particularly popular in Canada, but there are still plenty of Canadian holdouts who refuse to join or have logged off permanently, suggests recently released research.

One in three Canadian Internet users told pollsters that they did not use Facebook in the previous month, according to a report by the Media Technology Monitor, based on telephone surveys with more than 4,000 Canadians last spring.

Of them, 14 per cent said they used to have a Facebook account but quit, 16 per cent said they're technically still a member but rarely use the site and 70 per cent said they never joined at all.

Younger non-Facebook users were more likely to have abandoned their profiles.

Poll respondents between 18 and 24 who said they weren't using Facebook were 10 times more likely to have dropped their account, rather than having never signed up in the first place.

When poll respondents were asked why they quit Facebook, the most common response was they didn't find the site useful, followed by privacy concerns and a lack of time to engage with the site.

THE CANADIAN PRESS

Canadians are not giving Facebook a thumbs up lately. GETTY IMAGES FILE

Read your own mind

International Consumer Electronics Show attendees experiment with the Muse brain-sensing headband Wednesday in Las Vegas. The headband measures brain activity, which the user can see on a mobile device to help manage stress and different emotional states of mind.

JULIE JACOBSON/THE ASSOCIATED PRESS

Escaping this winter?

Use Google to see that hotel room before booking

Google is expanding its hotel business, offering several new ways for travellers to learn about accommodations.

The most noticeable change will be the introduction of a series of high-resolution panoramic photos that are stitched together to create a 360-degree experience. THE ASSOCIATED PRESS

Market Minute

DOLLAR
92.56¢ (-0.27¢)

TSX
13,614.63 (+17.70)

OIL
$92.33 US (-$1.34)

GOLD
$1,225.50 US (-$4.10)

Natural gas: $4.19 US (-$0.14)
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OWN THE IRRATIONAL REACTION

HE SAYS

John Mazerolle
metronews.ca

It's almost time for the Olympics, which for many people is the only time they care about sports aside from hilarious ball-to-the-groin videos on YouTube.

That means some of you might have felt adrift this week as Canada announced its Olympic hockey team, an event that left hockey fans buzzing like my 20-year-old fridge.

Everyone likes to cheer for their country, but if you're not obsessed with hockey the rest of the time, than joining the heated conversations at home and the workplace can be tricky.

To help, I've compiled this primer for newbie Olympic hockey watchers about what they should say during the tournament to blend right in:

What to say during Olympic hockey:

The No. 1 rule to remember is that there can be no rational analysis of a world hockey tournament.

Canadian hockey history is rife with late, one-goal victories that somehow taught us that Canada is an unstoppable, dominant force in world hockey. It's also replete with shootout losses and other hard-fought defeats that taught us our national hockey program is a disaster that must be burned to the ground.

There is no middle ground, even if the outcome of the game came down to random chance.

Remember this when the games start. You might feel nervous about complicated discussions about matchups, statistics, etc., but those are just a smokescreen of facts that hide the three irrational pillars of hockey discussion: momentum, heart and clutch.

These might sound like intangible nonsense that would be impossible to measure or even ascertain, but shut up.

Wrong: "These are two evenly matched teams and there is no discernible momentum."

Right: Whichever team has most recently scored "has all the momentum."

Wrong: "It's overtime, so it's going to come down to random chance as two teams give it their all."

Right: "It's overtime, so it's going to come down to which team has the most heart."

Wrong: "I bet Sidney Crosby wins it because the highest scoring player is the player most likely to score now too."

Right: "I bet Sidney Crosby wins it because he's so clutch."

And that's how to speak like a true hockey fan.

One last lesson: If you come across a newspaper columnist or other unpatriotic liberal who questions any of these truisms, your surefire response is to say, "Clearly you've never played the game," and then walk away. With that sort of momentum, you could be a TV hockey commentator in no time.

Assuming, of course, that you're clutch.

ZOOM

Dark clouds hanging overhead

ULET IFANSASTI/GETTY IMAGES

Volcano erupts in Indonesia, again

Mount Sinabung spews pyroclastic smoke, seen from Sibintun village on Wednesday in Karo District, North Sumatra, Indonesia.

The number of displaced people has increased to 22,000 in Western Indonesia as Mount Sinabung continues to spew ash and smoke after several eruptions since September. Eleven deaths have now been recorded as a result of the eruptions, with hundreds more falling ill. Officials expect the number of evacuees to rise as volcanic activity remains high.

Sinabung had lain dormant for 400 years before a re-awakening eruption in 2010. Sinabung is one of nearly 130 active volcanoes in Indonesia that straddle key tectonic fault lines known as the Pacific Ring of Fire.

The deadliest eruption in recent years was of Mount Merapi in 2010 near the densely populated city of Yogyakarta, which killed 350 people.

GETTY IMAGES

A man wears a plastic bag to cover his face after his village was smothered by ash. GETTY IMAGES

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

Health, wellness and wearable tech are colliding in full force at this year's Consumer Electronic Show, with a healthy portion of products geared toward the digitally-inclined fitness diehards. Look out Fitbit and FuelBand, there are some new kids on the starting block.

CONTRIBUTED

Skulpt Aim:

Knowing how many clicks you've run and calories you've burned is just part of the health equation. Knowing the effects of your hard work is the other. Press this phone-size gadget to your freshly pumped muscles to get an instant (and accurate, they say) reading of your body composition.

Tinke:

Again, for those beyond measuring simple kms and cals, Tinke reads heart rate, blood oxygen levels and respiratory rate with just the tap of your thumb (accuracy may be questionable on this one).

Bracelets:

LG, Sony, Razer and even Intel have launched fitness tracking bracelets, all taking various metrics of your activities which connect to varying degrees with your smartphone.

Twitter

@metropicks asked: @jimmykimmel dumped snow on L.A. beach goers who bragged about the warm climate. What is a suitable penalty for bragging?

@yelpcalgary: Ha. Californians are just jealous of our awesome touques.

@ehbsea: One hour in a walk in freezer in their beach wear

@adam_rizk: A big enough star he could've had a following to Sequoia, Yosemite mountains & left them there LYAO!

@sarahmeaghang: They should have gotten "face-washes"

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: londonletters@metronews.ca

metro

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Multiple monsters: See how this artist explores the fragmented self

Folklore. Supernatural, childhood stories and otherworldly creatures influence Marigold Santos' artwork

BACKSTAGE PASS
Mila Petkovic
london@metronews.ca

The vampire witch creature known as Asuang in Filipino folklore is a shape-shifter which severs from the waste up and hunts at night (generally appearing as a female with long black hair).

"I've always been attracted to things that are a little bit frightening. I loved to listen to very creepy stories as a kid," says artist Marigold Santos, who immigrated to Calgary from the Philippines when she was six years old. "Filipino folklore is not always the most inclusive happy folklore. It teaches kids some scary lessons."

Asuang can live in your neighbourhood and be an average person during the day. After a night of hunting, the creature has to get back together with its lower half, explains the artist.

Now living in Montreal, where she completed her master's of fine arts at Concordia University, Santos is showing her body of work entitled Still at the Forest City Gallery this month.

"The supernatural is how I talk about the plurality of the self. Characters and creatures have multiple ways of being," she says. "My work embraces that idea of morphing and changing and playing with identity."

Santos reflects on fleeting childhood memories and her family's immigration to Canada to explore notions of attachment and separation, grounding or uprooting.

One of her pieces, titled re-grounding, depicts a living, decomposing, partially dismembered human body exquisitely intertwined with the ground beneath it.

"Landscape is the environment you identify with when you are thinking of home, whether it's social or physical or in the mind," she says. "It's something familiar and comfortable. The character is attaching into the landscape."

Other images that pop up in her work are bandaged feet, braided hair and knotted fabric.

Sometimes her dreams influence her work as well.

"I don't have the dreaming capacity a lot of people do who can retell you exactly what they dreamt of the next day. But every now and then I have really vivid ones," she says.

"Sometimes, when I'm working on a piece and I'm not sure where I want to go next, something will come out of my subconscious and I will follow it."

Quoted

"I was brought up in the Catholic church, yet told these stories that had nothing to do with that church. I embraced that right away when I was a kid, believing in a mix of all sorts of things, and being OK with the contradictions. I think we can pick and choose what we want to believe. It's a good way to encourage growth and it keeps thinking open."

Marigold Santos

Liminal is a mixed media on canvas by Filipino-Canadian artist Marigold Santos, showing at the Forest City Gallery this month. Upper right is a portrait of the artist. On lower right, Santos stands in front of her large-scale piece Trust.
CONTRIBUTED

Around town

- **Rare art:** The Michael Gibson Gallery (157 Carling St.) is showing rare 1961-65 studio paintings and collages by Greg Curnoe. Opening reception is from 8 to 10 p.m. Saturday.
- **Two of a kind:** Art exhibition by Radek Vizina and Erich Deleeuw at Westland Gallery (156 Wortley Rd.). Opening reception at 7:30 p.m. Friday.

The opening reception for Still takes place Friday at Forest City Gallery (258 Richmond St.) from 7 to 10 p.m. with an artist talk the following day from 1 to 2 p.m. The show runs until Feb. 7.

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PRINCIPAL INVESTIGATOR: Dr. Craig Hall

Selena Gomez ALL PHOTOS GETTY IMAGES

Gomez thought to be back in Bieber's arms after devastating diagnosis

Just why are Selena Gomez and Justin Bieber back to canoodling? Sources say it's because of Gomez's recent lupus diagnosis. "Justin reached out to Selena after she cancelled the tour," a Bieber insider tells Life & Style, referring to Gomez cancelling her 2014 Stars Dance tour last month, reportedly after she got the diagnosis of the autoimmune disease. "He wanted to make sure she was OK and healthy. He cares about her a lot. I don't know if they'll get back together, but he wanted to see her and spend time with her."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

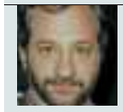
The Word

Paul's got some party haul but this one was a real thriller

Aaron Paul has been to some impressive parties, but one sticks out particularly for the Breaking Bad star. "It was the Prince of Brunei's 25th birthday party. Six years ago, outside of London," he tells Details magazine. Paul, who attended as another guest's plus-one, entertained himself by chasing sheep around the castle and breaking the Prince's hovercraft. He certainly made an impression: "I was going back up to my room, and this guy grabs me and says, 'Hey, Prince Azim wants to see you in the library,'" Paul says. "So I go down there, and he's sitting on the couch with Michael Jackson, and me and Michael Jackson end up having this hour-long heart-to-heart about family and upbringings, and I remember, he just put his arm around my shoulder and said, 'You know, if you've had a rough childhood or not, it's all about forgiveness. Once you realize that, it's fine. Everything's fine.' And I'm like, 'Michael, you are absolutely right. Do you want to do a shot?' And he goes 'Sure!'"

Twitter

@kirstiealley
When someone says "It isn't you, it's me".... It's you



@JuddApatow
How do I avoid this freaking stomach flu? I am not a big fan of multiple days of vomiting.

@MarkDuplass
Milquetoast. Great word. Underutilized.

Jake Gyllenhaal

Gyllenhaal's relationship with model 'fizzled out'

Jake Gyllenhaal has reportedly split up with model Alyssa Miller after six months of dating, according to Us Weekly. "They fizzled out. It happened a while back — before the holidays. He's back on the scene," a source says. "Things were really good between Jake and Alyssa right up until he had to leave for L.A. to shoot a movie in the fall. Then the distance just really got to them." Reps for Gyllenhaal and Miller did not respond to requests for comment.

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Every sharp shopper has a calendar in the closet

Seasonal secrets. Style expert Lilliana Vazquez shares tips on mapping out your 2014 shopping plan

ANDREA PARK
Metro World News

There is a right time and a wrong time to buy those shoes you've been eyeing, and even if you made a New Year's resolution to save money in 2014, that doesn't mean you have to sacrifice style. Lilliana Vazquez, style expert and author of The Cheap Chica's Guide to Style, shares her tips on planning a shopping schedule for the year and how you can save money on hot wardrobe staples with just a bit of good timing.

January

Winter coats and accessories
This frosty month is the perfect time to buy warm winter goods. "Whether it's a brand new coat, hats, scarves, gloves, boots or ski stuff, items get really marked down in January but in a city like New York, we'll probably still be wearing these until April," says Vazquez.

Formal wear
"Anyone who was selling New Year's and holiday party stuff still has a lot of merchandise, so this is the best time of the year to buy a cocktail dress," says Vazquez. She added that it's an especially great time to save on anything sparkly or beaded.

February

Spring items
Believe it or not, February is a great month to buy spring items. Vazquez says though this is when stores get their first shipments of spring clothes, retailers will mark them down if no one is buying. "You can get new stuff marked down if it's really cold out," Vazquez says.

Winter clearance
If you still need winter clothes, this is when winter gear is on final mark down. The merchandise will already be picked over, but it will be at its cheapest.

March and April

Shoes
Get a head start on summer shoe shopping in March and April, when the selection is the largest. Stores will offer some early markdowns, and those sandals you've had your eye on may be gone by May.

Fitness gear
"A lot of (sneakers and fitness items) come in for the New Year's resolutions of people who say they're going to work out and then never do, so if you're a runner or gearing up for the summer, it's a great time to buy sneakers and fitness fashion items," says Vazquez. She added that this is when Lululemon fans can buy their favourite brand on deep discount.

May

Secondhand items
May is a big month for spring cleaning, which means that lots of people are getting rid of their clothes and accessories, and one man's trash is another man's treasure, right? "A lot of people are cleaning out, so it's a good time to deal hunt in your neighbourhood," says Vazquez. "You can get vintage stuff and great shoes because they're making room in their closets for all new things."

Lilliana Vazquez, author of The Cheap Chica's Guide to Style. GETTY IMAGES

June and July

Summer items
Fall items will be trickling into stores by now, which means you can find great deals on summer clothes and accessories. "You can get stuff you can get a lot of use out of, like shorts, rompers and sundresses — things that feel seasonal," says Vazquez.

Swimsuits
Stores will still carry plenty of swimsuits, but they'll be marked down by June and July. "You'll still wear them for another two or three months," pointed out Vazquez.

Thinking ahead

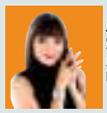
- **Summer's end** Vazquez called this "back-to-school summer leftover time." Inventory will be a mixed bag of summer odds and ends without much size availability, but this is when you can get the best deals on summer clearance items. Plus, you'll find discounts on new inventory during back-to-school and Labour Day promotions.
- **Baby, it's cold outside** November is a big shopping month with Black Friday and Cyber Monday. Vazquez says this is when she saves up for her big, pricey purchases like cashmere sweaters. "These deals I only splurge on once a year because I can wear them for a long time, so it's a great value proposition for my closet," she says.

December's diamonds
Vazquez says that December is the last chance for retailers to grab customers for their year-end earnings reports, which means holiday sales abound. This is an especially good time to get "no size" gifts like hats, bags, gloves and scarves for friends and family.

Leap on that LBD ASAP!

"Anyone who was selling New Year's and holiday party stuff still has a lot of merchandise, so this is the best time of the year to buy a cocktail dress."
Lilliana Vazquez

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

OMG! A little late for #TBT but look at this pic my sister just me: Moi, circa early '70s

Here's one more for #FlashbackFriday My mom made me this "jungle print" jumpsuit circa 1968 pic

Canadian street style

Spotted in: Toronto

Name: Lexi

Age: 27

Occupation: Special event coordinator

What she's wearing : Gift of Love knit scarf, vintage Bridge and Bardot plaid shirt, Zara blouse, American Apparel tights, Jeffrey Campbell booties.

Her inspiration :
"I have always gravitated toward bohemian-style clothing. However, the truth is the majority of my closet is from vintage thrift stores. I love digging for old classic pieces that tell stories and bring a little 'umph' to the outfit. I am also a huge fan of comfort and free frolicking. Therefore, if I can't bend and snap in a piece of clothing, I will not buy."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM — AND A WEEKLY NEWSPAPER SECTION TOO!

Print yourself some new furnishings

Technology. A novelty once reserved for sci fi, 3-D printing has now gone mainstream

Looking for that perfect light for your home office? A new chair or coffee table? You might try making it yourself, at home, with just the click of a button.

3-D printing, a novelty once reserved for science fiction, is going mainstream thanks to cheaper, more accessible technology.

The printers, which now cost as little as $300, use lasers to blast out layer upon layer of plastics or other materials, forming 3-D objects.

And if you don't have the time, money or inclination to invest in a 3-D printer of your own, there are hundreds of websites selling lights, coasters, sculptures, furniture and even wallpaper crafted by 3-D printers.

New York-based Shapeways, for example, allows users to make, buy or sell three-dimensional designs. Products include a delicate, twig-like egg cup for $8 and a lamp that looks like a nuclear mushroom cloud for $1,389.

"We are consistently amazed by the incredible uses our customers find for these materials," says Alex English, owner of the 3-D printing plastics retailer ProtoParadigm.

Following are just some of the decor items you can buy or build with 3-D printing:

Lighting

Among the most popular — and dramatic — 3-D products for the home are lights, whether ceiling pendants, table lamps or floor lamps.

Belgium's .MGX by Materialise, a pioneer in 3-D printing, is known for museum-quality, futuristic designs. Among the most popular is the Bloom table lamp (about $2,600 US), a flower-bud inspired design with joints that you can expand or collapse to release or contain light, says marketing manager Katrien Vandenplas.

Shapeways offers dozens of lamps created by some of the site's more than 11,000 "shop owners," or designers. The honeycomb-inspired Veroni lampshade, for instance, costs as little as $15 US and comes in a variety of colours and materials ranging from the standard plastic to raw metal and steel.

These photos show products from .MGX, the design division of Belgium-based 3-D printing company Materialise. Above, a Fractal.MGX coffee table by WertelOberfell, made from brown epoxy resin, was designed to echo the growth patterns of trees. MGX BY MATERIALISE

Wall hangings

Statement pieces for your walls run the gamut in the 3-D printing world.

Shapeways' ethereal Whales ($48) lends modern sophistication with its airy rendition of two swimming whales crafted from white plastic. They almost seem to spring off the wall.

Florida-based Proton 3D Studio offers a little kitsch with a pop art-like plastic Pi symbol ($21) and the word "geek" crafted in orange plastic script lettering ($24).

Sweden's Kredema Design has one of the more off-the-wall home-decor products: a three-dimensional wallpaper that rolls out away from the wall to form shelves, magazine holders and even lampshades. Made from sheets of acrylic and wallpaper, the Off the Wall collection is available by special order only.

Accessories

From picture frames to vases and even planters, you can design or find just about anything home-related using 3-D printing technology.

Shapeways recently added glazed ceramic to its list of materials, making it possible to craft personalized plates, mugs, salt and pepper shakers, and other items for the table.

Blogger and tech consultant Michael Sitver designed some personalized coasters in about 90 minutes using 3-D CAD software called Autodesk Inventor. He printed them up at Shapeways' website.

"This is a great project for beginners," says Sitver, of Weston, Conn., "because designing it doesn't take too much work, but it helps beginners get acquainted with the tools involved and the process." He calls his new coasters a "wonderful conversation piece."

Furniture

It might sound like a tall order, but it's possible to craft tables, chairs and other furnishings with 3-D printers as well.

They're not cheap though, at least not yet.

A day bed crafted from white nylon plastic will run you nearly $20,000 on Shapeways, while .MGX by Materialise offers several chairs, stools and tables that look more like works of art than somewhere to sit. They also run into the thousands of dollars.

But there's a lot that's still possible with this burgeoning technology, especially as it gets cheaper and more accessible.

"When kids are exposed to this technology, they don't even blink an eye when something is printed," Vandenplas says. "When they are older, 3-D printing will fit into their lives much like the Internet and smartphones fit into our lives today." THE ASSOCIATED PRESS

Top, the Volume.MGX lamp by Dror expands from a flattened position to create a shape which, when lit, provides both a bright, warm glow in its centre and a cooler, darker feeling around its edges. Bottom, the Russula.MGX table lamp by Arik Levy takes its name and shape from a mushroom.

Online sources

- **Shapeways:** shapeways.com
- **.MGX by Materialise:** mgxbymaterialise.com
- **ProtoParadigm:** protoparadigm.com
- **Proton3D Studio:** etsy.com/ca/shop/proton3D
- **Kredema Off the Wall:** kredema.se/offthewall

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Big, bold design trends for the new year

This year brings big changes on the home decor front. We'll say goodbye to espresso wood and cool grey colours while welcoming lighter woods, warmer walls and coloured, artful rugs. These trends will hold strong for a few years, so keep them in mind for future decorating projects. Here are four key ones worth investing in over the next year and beyond.

DESIGN CENTRE
Karl Lohnes
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Lighter wood tones

Goodbye dark espresso wood tones and hello lighter, natural oak. No, not the honey-golden oak from the '80s: think grainy, raw oak with a simple coat of wax. Pagan's Dance brushed, engineered wide plank flooring, $13.75 per square foot, kentwoodfloors.com.

Warmer paint colours

The new neutral is platinum. Think grey with a dollop of brown to warm it up. Looks great with almost every other colour. Escarpment CC-518, benjaminmoore.ca.

Bolder, artful rugs

Go bold or don't bring it home. Art and rugs are going big and bold. It's time to wake up our spaces, so think of colourful rugs as artwork for the floor. Kashmir 8x10 orange wool rug, $363, ecarpetgallery.com.

Golden metal finishes

Metal tones are warming up, so go with polished gold for a luxe vibe or tarnished brass for a casual, industrial look. Graham Table Lamp, $338, crateandbarrel.ca.

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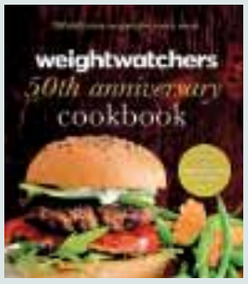
A Southern classic without all the pesky fat

This recipe serves six. One chop with 1/4 cup sauce contains 253 calories and 11 grams total fat.

Cookbook of the Week

Get excited about eating healthy



Weight Watchers cookbooks are trusted by anyone who is excited about cooking delicious, healthy food.

This latest offering serves up more than 280 favourites that have been updated, and feature fresh ingredients, how-to tips, Weight Watchers lore, and nutritional info and PointsPlus values for the newest program, Weight Watchers 360°.

Among the dishes included are Cajun Catfish, Cheese Puffs, Curried Vegetable Stew, Lamb Kebobs, Classic Red Velvet Cake, and more. METRO

"Pork chops in onion sauce is a Southern classic, but often it is swimming in too much fat," write the Weight Watchers folks in the book Weight Watchers 50th Anniversary Cookbook of this Skillet Pork Chops with Onion Gravy recipe. "We gave the dish a healthy makeover that retains all the great flavour but with a mere one teaspoon of oil. Think of it as comfort food that you can really feel comfortable with!"

1. Sprinkle the chops with the salt and pepper. Heat a large nonstick skillet over medium heat. Swirl in the oil, add the chops and cook, turning occasionally, until browned, about 5 minutes. Transfer to a plate.

2. Add the onions, 1/4 cup of the broth, and the garlic to the skillet. Bring to a boil. Reduce the heat and simmer, covered, stirring occasionally, until the onions are very tender, 12–15 minutes.

Good idea

Steamed kale or collards sprinkled with a touch of cider vinegar and red pepper flakes makes a fresh and flavourful side for this dish.

3. Sprinkle the onions with the flour; cook, stirring constantly, 1 minute. Add the remaining 1 cup broth, mustard, and thyme. Bring to a boil, stirring until the sauce bubbles and thickens. Return the chops and any accumulated juices to the skillet. Reduce the heat and simmer, uncovered, until the chops are heated through, 2–3 minutes. FOR MORE WEIGHT WATCHERS RECIPES, PLEASE VISIT WEIGHTWATCHERS.CA/FOOD. RECIPES AND PHOTOS REPRINTED FROM WEIGHT WATCHERS 50TH ANNIVERSARY COOKBOOK © 2013 WEIGHT WATCHERS INTERNATIONAL, INC. ALL RIGHTS RESERVED.

Ingredients

- 4 (6-oz) bone-in porkloin chops, trimmed
- 1/2 tsp salt
- 1/4 tsp ground pepper
- 1 tsp olive oil
- 2 sweet onions, thinly sliced
- 1 1/4 cups reduced-sodium chicken broth
- 2 garlic cloves, minced
- 2 tsp all-purpose flour
- 1 tsp whole-grain Dijon mustard
- 1 tbsp chopped fresh thyme

This recipe serves four. One and 1/4 cups of soup with three tortilla chips contains 142 calories and three grams total fat.

Lunch. Southwestern Chicken-Vegetable Soup

1. Combine broth, vegetables, tomatoes, chili powder, and cumin in a saucepan. Bring to a boil; reduce the heat and simmer, covered, until the vegetables are tender, 10 minutes.

2. Stir in the chicken and cook until heated through, 2 minutes. Stir in the cilantro and lime juice. Top each serving with 3 of the tortilla chips.

Ingredients

- 3 cups reduced-sodium chicken broth
- 2 cups frozen mixed vegetables
- 1 (14 1/2-oz) can diced tomatoes
- 2 tsp chili powder
- 2 tsp ground cumin
- 1 cup chopped skinless cooked chicken breast
- 3 tbsp chopped fresh cilantro
- 1 tbsp fresh lime juice
- 12 baked tortilla chips, crumbled

For your phone

The Biscuit Baker (iPad; $1.99)

MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

Complement your dog's diet with some homemade treats. These 25 recipes offer up biscuits flavoured with beef stew, chicken pie and apple bacon. Check with your vet before you bake.

4 SPORTS

Baseball

Maddux, Glavine, Thomas heading to the Hall of Fame

Greg Maddux, Tom Glavine and Frank Thomas were elected to baseball's Hall of Fame on Wednesday, while Craig Biggio fell two votes short and tainted stars of the Steroids Era remained far behind.

THE ASSOCIATED PRESS

A ballot for the people

"I always like a little anarchy inside the cathedral we've made of sports."

ESPN host Dan Le Batard, who acknowledged Wednesday he gave his baseball Hall of Fame ballot to the website Deadspin because he detests the "hypocrisy" in the voting process. Le Batard confirmed he let Deadspin readers decide who he would vote for. Greg Maddux and Tom Glavine were on his ballot, as was Craig Biggio.

UCI

Independent panel looking into doping allegations

A three-man independent panel will investigate cycling's doping past, including allegations the sport's governing body colluded with Lance Armstrong.

UCI president Brian Cookson said Wednesday the commission will investigate allegations "that the UCI has been involved in wrongdoing in the past — allegations which have done so much to hurt the credibility of the UCI and our sport."

THE ASSOCIATED PRESS

Knights add veteran depth in Smith deal

OHL. General manager Mark Hunter says his work's not necessarily done with Friday's deadline looming

DAVE LANGFORD
dave.langford@metronews.ca

The Owen Sound Attack were the last Ontario Hockey League team to eliminate the London Knights in a playoff series. The year was 2011.

Since then, the Knights have won eight series on their way to two Memorial Cups. This year will be their third consecutive appearance after being selected as hosts for the 2014 tournament.

Centre Gemel Smith, then 16, was a member of that Owen Sound team that went to the Memorial Cup after beating the Knights in the 2010-11 season.

But that was then.

Smith, who turns 20 in April, joined the rival Knights on Wednesday as part of a three-player trade that sent forward Kyle Platzer and defenceman Santino Centorame packing to Grey County. London also picked up a conditional 2017 fifth-round selection.

The deal was completed soon after the Knights' former first-round pick, goalie Liam Herbst, was sent to the Ottawa 67's for a second-round pick in the 2014 draft and a 2017 conditional fourth-round selection.

The OHL trade deadline is noon Friday.

"We're looking, but to say we're finished yet — no, but it would have to be the right deal," Knights general manager Mark Hunter said from his Budweiser Gardens office.

Gemel Smith, a 2012 NHL draft pick of the Dallas Stars, is London's newest Knight. JAMIE SABAU/GETTY IMAGES FILE

Smith, five-foot-10 and 171 pounds, has played his entire career with the Attack, recording 176 points in 235 games. He stands sixth in goals in the OHL this season with 26 in 40 games.

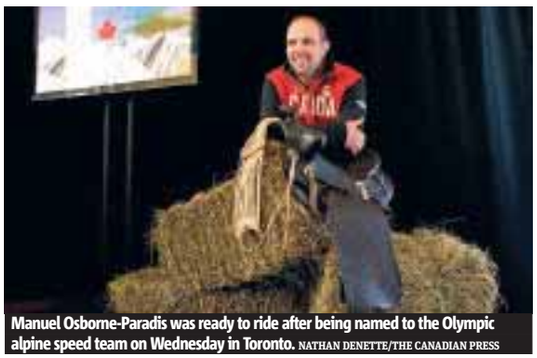
"Last year, he scored seven goals in the playoffs in 12 games," Hunter said. "So he's proven himself to score in our league in the playoffs.

"He's been to a Memorial Cup once already, so you're not getting a young man that hasn't been through what needs to be done in these playoffs. It was something we liked and we pursued, so we were happy to get him."

Herbst was dealt after he indicated he wanted more OHL playing time. He had been playing regularly with the London Nationals junior B team.

"He wanted to be on a roster right now and we wanted to be more patient, but, that said, he felt he was ready so we gave him an opportunity to go," Hunter said.

Sochi Games won't be their first rodeo



Manuel Osborne-Paradis was ready to ride after being named to the Olympic alpine speed team on Wednesday in Toronto. NATHAN DENETTE/THE CANADIAN PRESS

Canadian skier Manuel Osborne-Paradis learned how it felt to compete on the sport's biggest stage during his Olympic debut in Turin eight years ago.

He learned about pressure at the 2010 Games in his hometown of Vancouver.

His next mission is to build on that experience at his next Olympic appearance in Sochi, where he plans to ride the momentum from the team's strong start to the season.

"In Vancouver there was a lot of prep but not very directed prep," he said Wednesday. "I think this year we've really fixed all the bugs and the kinks that we felt in Vancouver. Obviously there's not as much pressure, not being in Canada.... I think the nerves are a lot more settled and hopefully we're able to direct the energy down the hill and not towards the media."

The veteran skier will anchor the men's alpine team at the Games along with Erik Guay of Mont-Tremblant, Que., and Calgary's Jan Hudec. The three were officially nominated to the Sochi 2014 Olympic team Wednesday.

Some of their teammates still have a chance to join them in Sochi. The qualification window is open until Jan. 26 and the roster is expected to be finalized the next day.

Guay had the top Canadian result at the Vancouver Games, finishing fifth in the downhill and the super-G. Osborne-Paradis was 17th in the downhill and didn't finish the super-G, while Hudec didn't crack the top 20 in either discipline.

THE CANADIAN PRESS

Top Leafs must be better in chase for playoff berth

THE HOCKEY NEWS
Adam Proteau
toronto@metronews.ca

The Maple Leafs' Jekyll-and-Hyde season has had a lot more hiding of late, with absentee performances both individually, including Jonathan Bernier's sub-par showing Tuesday against the Islanders, and collectively, such as Saturday's 7-1 whipping at the hands of the Rangers.

As has been noted in this column, the Leafs' predicament isn't as dire as the worst of the Chicken-Little brigade would have you believe. No longer is this a team stocked with has-beens on their last legs; there are young, quality assets here and a rising salary cap allows for additional roster flexibility in the summer. That said, with every game that continues the current trend of one step forward and three stumbles back, the futures of virtually everyone in the organization become less certain.

Jonathan Bernier has struggled in the Leafs' two games, both losses, since the Winter Classic on New Year's Day. NATHAN DENETTE/THE CANADIAN PRESS

It's tough imagining Leafs management firing coach Randy Carlyle when he still hasn't had a full 82-game season in Toronto. However, many of his decisions have been questionable — his insistence on almost always dressing two enforcers, for example — and dismissing him would in many respects be better than making a panicked trade.

But there's little doubt trades will come with or without a shakeup behind the bench and Leafs GM Dave Nonis has options. Goaltender James Reimer clearly is not the preferred option for Carlyle and could help a number of teams; Dion Phaneuf's recently announced extension includes a limited no-trade clause, but one that doesn't kick in until the start of next season; and the shine on players like Nazem Kadri and Cody Franson has faded of late, meaning they could be moved.

But even then, total roster turnover is a practical impossibility. Those who remain, and you have to presume that includes Phil Kessel, James van Riemsdyk and Morgan Rielly, must figure out things on their own.

That's the real challenge here. Shuffle or no shuffle, the Leafs are only going to be as good as their cornerstone players. Until Toronto's core players find the strength to avoid embarrassments that have become all too common, the mediocrity will continue.

'Dream come true' Down Under

Roger Federer of Switzerland shakes hands with Australian tennis great Rod Laver after having a warm-up hit during a gala charity exhibition match in the lead-up to the Australian Open on Wednesday at Rod Laver Arena in Melbourne. "Hitting with Rod Laver for me clearly is an absolute dream come true. It's in his arena as well, it's named after him and he deserves it so much," Federer said. "While I was playing my racket was feeling extremely heavy. That means I was very nervous, which I really was."
MAL FAIRCLOUGH/THE ASSOCIATED PRESS

NFL

Hernandez linked to unsolved 2012 homicide in warrant

Police believe former New England Patriot Aaron Hernandez was in an SUV when someone inside shot two people to death in Boston in 2012, according to a search warrant filed in Connecticut.

The warrant does not indicate who investigators believe pulled the trigger nor suggest a motive in the shooting of Daniel Jorge Correia de Abreu and Safiro Teixeira Furtado. No charges have been filed in the case. An attorney for Hernandez did not immediately respond to a message seeking comment Wednesday.

Hernandez came under scrutiny in the shooting following his arrest in the slaying of Odin Lloyd, whose body was found June 17 near Hernandez's North Attleborough, Mass., home. Hernandez has pleaded not guilty to murder in that case.

In searching the home of Hernandez's uncle in Bristol, Conn., in June, police found the SUV wanted in the 2012 shooting in Boston. THE ASSOCIATED PRESS

NFL. Newton not satisfied with individual accolades

Cam Newton doesn't like being compared to Colin Kaepernick.

"Two different players," Newton said.

Yet the Panthers' third-year quarterback certainly understands the parallels with his 49ers counterpart. They both entered the NFL in 2011. They're both big, strong-armed guys who can shred a secondary with their arms and terrorize a front seven with their feet.

"Being a big guy, being fast and being agile and having the art of throwing like only God has blessed a few people with — and Kaepernick has it (too)," Newton said.

Newton and Kaepernick go head-to-head Sunday with a trip to the NFC championship on the line.

Carolina beat San Francisco 10-9 in a defensive struggle Nov. 10, a game in which neither QB played particularly well.

"We didn't execute the way we should have and I didn't play well," Kaepernick said of the game where he was sacked six times.

Newton and Kaepernick shared a room at the scouting combine in Indianapolis ahead of the 2011 draft but barely had a chance to interact. Newton was drafted first overall by the Panthers, while Kaepernick fell to the 49ers at 36th overall.

Carolina quarterback Cam Newton
GETTY IMAGES

Kaepernick was the first to get his team to the Super Bowl, leading the 49ers there last year before losing to Baltimore.

Newton was just 13-19 in his first two seasons as a starter in Carolina. But the Panthers have turned things around this season capturing the NFC South and securing a first-round bye.

Along the way, Newton was selected to the Pro Bowl.

But that means little to Newton. In his eyes there's only one goal at the end of this season: Bringing home Carolina's first Super Bowl.

"Nothing is worth mentioning unless we have something that we can all share with each other for years and years to come," Newton said.
THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	43	28	13	2	126	94	58
Tampa Bay	43	26	13	4	123	102	56
Montreal	44	25	14	5	114	103	55
Detroit	43	19	14	10	114	121	48
Toronto	44	21	18	5	122	132	47
Ottawa	44	19	18	7	126	141	45
Florida	43	16	21	6	102	136	38
Buffalo	42	12	26	4	74	118	28

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	45	32	12	1	147	107	65
Philadelphia	43	22	17	4	114	118	48
Washington	42	20	16	6	128	128	46
Carolina	43	18	16	9	105	124	45
N.Y. Rangers	44	21	20	3	108	119	45
New Jersey	44	17	18	9	103	113	43
Columbus	43	19	20	4	117	126	42
N.Y. Islanders	45	16	22	7	124	149	39

Wednesday's results
Montreal at Philadelphia
N.Y. Rangers at Chicago
Ottawa at Colorado
Tuesday's results
Anaheim 5 Boston 2
Minnesota 2 Los Angeles 1 (SO)
Nashville 3 San Jose 2
N.Y. Islanders 5 Toronto 3
Philadelphia 3 New Jersey 2 (OT)
Phoenix 6 Calgary 0
Pittsburgh 5 Vancouver 4 (SO)
St. Louis 5 Edmonton 2
Tampa Bay 4 Winnipeg 2
Carolina at Buffalo (ppd., storm)
Thursday's games — All Times Eastern
Dallas at New Jersey, 7 p.m.
Toronto at Carolina, 7 p.m.
Florida at Buffalo, 7 p.m.
Washington at Tampa Bay, 7:30 p.m.
Anaheim at Nashville, 8 p.m.
St. Louis at Calgary, 9 p.m.
Minnesota at Phoenix, 9 p.m.
Boston at Los Angeles, 10:30 p.m.
Detroit at San Jose, 10:30 p.m.
Friday's games
Dallas at N.Y. Rangers, 7 p.m.
Toronto at Washington, 7 p.m.
Carolina at Columbus, 7 p.m.
N.Y. Islanders at Colorado, 9 p.m.
Pittsburgh at Edmonton, 10 p.m.
St. Louis at Vancouver, 10 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	45	29	7	9	167	124	67
St. Louis	42	30	7	5	155	97	65
Colorado	42	26	12	4	123	108	56
Minnesota	45	23	17	5	108	114	51
Dallas	42	20	15	7	123	131	47
Nashville	44	19	19	6	105	131	44
Winnipeg	46	19	22	5	125	139	43

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	45	32	8	5	151	113	69
San Jose	44	27	11	6	144	114	60
Los Angeles	44	26	13	5	114	91	57
Vancouver	45	23	13	9	121	113	55
Phoenix	42	21	12	9	129	127	51
Calgary	43	15	22	6	100	137	36
Edmonton	46	14	27	5	119	161	33

Note: Two points awarded for a win, one point for an overtime or shootout loss.

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	24	41	65
Kane, Chi	23	31	54
Tavares, NYI	20	34	54
Getzlaf, Ana	20	29	49
Kunitz, Pgh	23	25	48
Thornton, SJ	5	43	48
Sharp, Chi	25	21	46
Perry, Ana	24	22	46
Backstrom, Wash	10	36	46
Malkin, Pgh	12	33	45
Toews, Chi	15	29	44
Ovechkin, Wash	31	12	43
Okposo, NYI	17	26	43
Marleau, SJ	20	22	42
Keith, Chi	3	39	42
Seguin, Dal	21	20	41

Not including last night's games

NFL PLAYOFFS

DIVISIONAL PLAYOFFS

Saturday's games — All Times Eastern
NFC — New Orleans at Seattle, 4:35 p.m.
AFC — Indianapolis at New England, 8:15 p.m.
Sunday's games
NFC — San Francisco at Carolina, 1:05 p.m.
AFC — San Diego at Denver, 4:40 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	28	6	.824	—
d-Miami	27	8	.771	1½
Atlanta	18	17	.514	10½
d-Toronto	16	17	.485	11½
Washington	15	17	.469	12
Chicago	15	18	.455	12½
Charlotte	15	21	.417	14
Detroit	14	21	.400	14½
Brooklyn	13	21	.382	15
Boston	13	22	.371	15½
New York	12	22	.353	16
Cleveland	12	23	.343	16½
Philadelphia	12	23	.343	16½
Orlando	10	24	.294	18
Milwaukee	7	27	.206	21

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	27	8	.771	—
d-San Antonio	27	8	.771	—
Portland	26	9	.743	1
d-Golden State	24	13	.649	4
L.A. Clippers	24	13	.649	4
Houston	22	13	.629	5
Phoenix	20	13	.606	6
Dallas	20	15	.571	7
Denver	17	17	.500	9½
Minnesota	17	17	.500	9½
New Orleans	15	18	.455	11
Memphis	15	19	.441	11½
L.A. Lakers	14	21	.400	13
Sacramento	11	22	.333	15
Utah	12	25	.324	16

d — division leaders ranked in top four positions.

Wednesday's results
Detroit at Toronto
Dallas at San Antonio
Golden State at Brooklyn
Indiana at Atlanta
Washington at New Orleans
L.A. Lakers at Houston
Phoenix at Minnesota
Orlando at Portland
Boston at L.A. Clippers
Tuesday's late results
Indiana 86 Toronto 79
Denver 129 Boston 98
Miami 107 New Orleans 88
Sacramento 123 Portland 119
San Antonio 110 Memphis 108 (OT)
Utah 112 Oklahoma City 101
Thursday's games — All Times Eastern
Miami at New York, 8 p.m.
Oklahoma City at Denver, 10:30 p.m.

Horoscopes

♈ Aries
March 21 - April 20
You will gain more by doing less today. Cut back on your workload or get friends to help you out. Better still, do both. There's no cosmic law that says you have to do anything at all.

♉ Taurus
April 21 - May 21
You will be inspired to give your best over the next 24 hours. Hold on to that positive, can-do attitude as long as you can — ideally until the moon is full seven days from now.

♊ Gemini
May 22 - June 21
Today you will know what is right and wrong, and which course of action you should be taking. If you choose not to take it, the consequences may not be to your liking.

♋ Cancer
June 22 - July 23
If someone whose judgment you trust urges you to really go for it today, you must act immediately. Too often in the past you have been too careful and missed out — now go to the other extreme and throw caution to the wind.

♌ Leo
July 24 - Aug. 23
It's a good day romance and if anyone is of the opinion that you lack passion, they will soon see the error of their ways. When a Leo gets fired up, the heat is enough to melt the coldest of hearts.

♍ Virgo
Aug. 24 - Sept. 23
You are enamored more by things than you are by people at the moment. There's nothing wrong with that but take care that your material desires don't detract from your relationships.

♎ Libra
Sept. 24 - Oct. 23
If you think all things are possible, you're right. But why make a battle of it when you have the charm to get what you want without a struggle? Or is that what you enjoy?

♏ Scorpio
Oct. 24 - Nov. 22
Let others know what you are willing to put up with and what will happen if they push their luck too far. There are times to be tactful but this isn't one of them. Be bold and, if necessary, be brutal too.

♐ Sagittarius
Nov. 23 - Dec. 21
Don't stay indoors and hide away. Get out into the world and show everyone what star quality looks like. You were born to be larger than life, so why are you peeking out from behind the curtains?

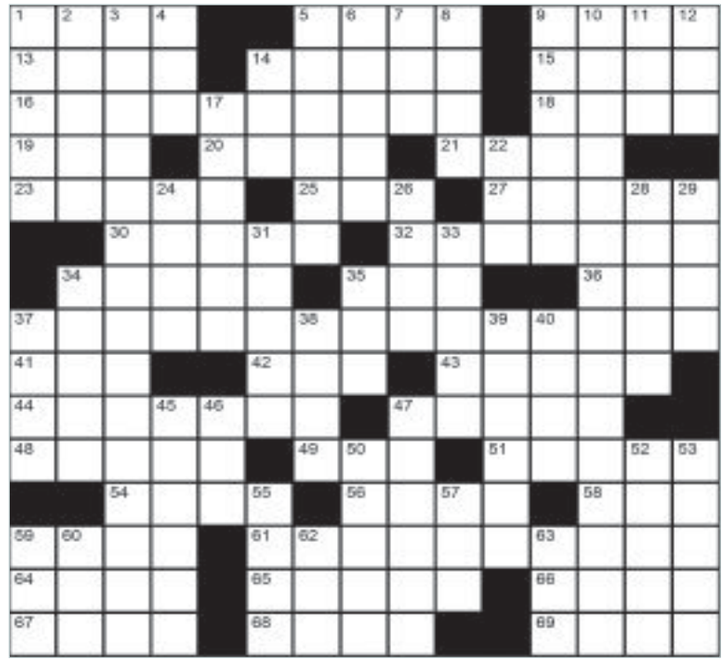
♑ Capricorn
Dec. 22 - Jan. 20
If you've fallen out with someone, it is the time to make up. That applies to all kinds of relationships but mainly to those of a personal nature.

♒ Aquarius
Jan. 21 - Feb. 19
You may think you can do as you please at the moment but you are kidding yourself and today's events will bring that fact home to you sharply. There are forces operating behind the scenes that limit your options.

♓ Pisces
Feb. 20 - March 20
If someone wants to make a nuisance of themselves, let them. Most likely, they are hoping you will overreact. Treat them with the contempt they deserve — ignore them completely. SALLY BROMPTON

Crossword: Canada Across and Down

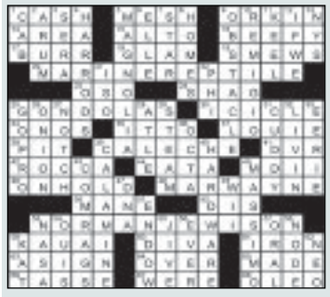
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. ...seis, siete, __...
5. Margaret Mitchell's epic book of '36
9. Rabbit-style tail
13. Scorch
14. Medieval thigh armour, variantly
15. #5-Across home
16. It's currently underway in Russia: 2 wds.
18. AD = __ Domini
19. Oxygen
20. Robert Burns' 'old'
21. Money obligation
23. Mythological tree nymph
25. Type of rally
27. Get cut, do this
30. American poet Sylvia
32. Port __, BC
34. Russian river
35. Orlando's li'l state
36. Implore
37. Cultural attractions in Ottawa: 2 wds.
41. Meal scrap
42. '90s album: 'A Boy Named __'
43. Grocery section
44. Canadian actress Wendy
47. Outrageous interest rate
48. North or South country
49. Practically forever
51. Canadian measurement
54. Soaks flax
56. Bon Jovi's Mr. Torres
58. "Take on Me" band
59. Vancouver-born broadcaster, __-Yin Lee
61. Billboard toppers: 2 wds.
64. Pottery-firing furnace
65. Classic theatre
66. Give out
67. __ _'Orleans, Quebec
68. Get a paycheck
69. Ptolemy's pursuit, puny-ly

Down
1. Group of eight
2. Church singing group
3. It put Daniel Radcliffe on the map: 3 wds.
4. Legendary monster
5. 'G' of Ontario's U of G
6. Actress Olivia
7. Airport screening org.
8. Colin James' "__ You Lie"
9. Horsie's house
10. Chaucer's creation: 2 wds.
11. Vase
12. Philosophical principle
14. French vineyard
17. Attempted: 3 wds.
22. Shrink
24. U2's "__ _ Want Is You"
26. Warm climate tree
28. "__ of the State" (1998)
29. Makes ground holes
31. Sylvester Stallone/Kurt Russell movie, "__ & Cash" (1989)
33. Hails
34. Writer of ancient Rome, Marcus Terentius __
35. "And __, she don't know...": Bit of The Supremes' "Back in My Arms Again"
37. Arrow-to-bowstring groove
38. Five-star
39. Pink-fleshed fish, en francais
40. Emerald land
45. 'Kiss Land': Album by Canadian artist The __
46. Took a chair
47. Early Celine Dion song
50. CC-138 Twin __ (Search and Rescue aircraft of the RCAF)
52. #5-Across' leading man
53. Facilitator
55. Cobbler's fixed thing
57. NFL's Bengals, on scoreboards
59. Do alpine-ing
60. Pantry product
62. Ms. Lupino
63. "Today" rival, commonly

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2		6	8		3	4		9
		9	2		5	7		
	7						6	
			5		7			
5								8
			3		2			
	9						3	
		3	6		4	8		
8		7	1		9	5		6

Yesterday's Sudoku

2	3	9	1	7	6	5	4	8
1	7	4	5	3	8	6	9	2
5	8	6	4	9	2	1	3	7
8	9	7	6	2	4	3	5	1
4	6	2	3	5	1	8	7	9
3	1	5	9	8	7	2	6	4
7	2	3	8	4	5	9	1	6
6	5	8	7	1	9	4	2	3
9	4	1	2	6	3	7	8	5

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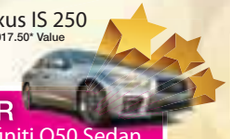

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Ford Escape Titanium
$42,986.16* Value

OR

Toyota RAV4 AWD
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Mini Cooper
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OR

Volkswagen Beetle
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feeling hot hot hot
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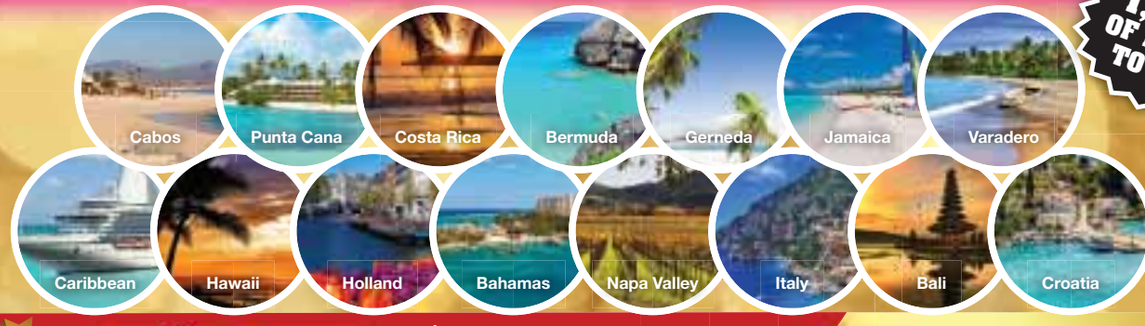

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